

HUMAN SERVICES AREA OF CONCENTRATION WITHIN SOCIAL SCIENCES A.A. (TRANSFER)

Program website (<https://www.frederick.edu/programs/social-sciences/human-services.aspx>)

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Program Description

Introduces the student to a broad range of social and rehabilitation services and human development concepts designed to deal with the problems of specific populations, including the elderly, children, and persons with mental or physical disabilities. The student will be aware of the demands of the human services field.

Program Learning Outcomes

- Describe the origins of social work and the other human service professions and discuss the current issues in the field through journal writing.
- Use theoretical frameworks supported by empirical research to understand individual behavior across the life span and apply in case examples.
- Identify and evaluate the major theories and techniques of social and clinical intervention applied in case examples.
- Demonstrate proficiency in basic helping skills by conducting a series of videotapes helping interviews.
- Apply critical thinking skills to professional human service practices.
- Understand the Codes of Ethics of the major professional organizations that regulate the human services and demonstrate the ability to comply with these standards in volunteer and internship experiences in human service agencies.
- Demonstrate the ability to practice multicultural awareness and sensitivity in a human service agency volunteer or internship experience.
- Articulate their identity as a human service professional and formulate a plan for on-going professional development in reflective papers.

Program Requirements

- Students must complete their credit **English and Mathematics** within the first 24 credits.
- One course must meet the cultural competence graduation requirement (<https://frederick-public.courseleaf.com/general-education-core/#cultural>).
- **CORE: The General Education CORE** is that foundation of the higher education curriculum providing a coherent intellectual experience for all students. Students should check with an advisor or the transfer institution (ARTSYS) before selecting General Education CORE requirements. <http://artsys.usmd.edu/>

- In some General Education categories (Mathematics, Biological & Physical Sciences), a 4-credit course selected from the GenEd course list will satisfy the requirement in place of a 3-credit course. Students should check with an advisor before selecting these courses.
- For the Physical Education, Health, or Nutrition requirement, a 3-credit PHED, HLTH, or NUTR course may satisfy the requirement in place of a 1-credit course. Students should check with an advisor before selecting this course.
- Students must earn a grade of "C" or better in ENGL 101 English Composition.
- Students must complete a minimum of nine credits at the 200-level.

Code	Title	Credits
English		
ENGL 101	English Composition	3
Mathematics		
Mathematics Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#mathematics) - Recommended course(s) below:		3
MATH 120	Statistics	
Social & Behavioral Sciences		
PSYC 101	General Psychology	3
SOCY 101	Introduction to Sociology	3
Arts & Humanities		
Arts Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#arts)		3
Humanities Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#humanities)		3
Communication Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#communication) - Recommended course(s) below:		3
COMM 103	Public Speaking	
COMM 105	Small Group Communication	
Biological & Physical Sciences		
Biological & Physical Sciences Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#biological-physical) ¹		3
Biological & Physical Sciences Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#biological-physical) (Lab course) ¹		4
General Education Required Elective		
SOCY 102	Social Problems	3
Physical Education, Health, or Nutrition Requirement		
Select one PHED, HLTH, or NUTR course		1
Concentration Courses		
COMM 102	Interpersonal Communication	3
HUMS 103	Introduction to Social Work and the Human Services	4
HUMS 204	Ethics and Practice Issues in the Human Services and Addiction Counseling (Spring)	3
PSYC 201	Developmental Psychology	3
or EDPS 210	Human Growth and Development	
ECON 200	Principles of Macroeconomics	3
ANTH 101	Introduction to Anthropology	3
PSYC 204	Psychology of Adolescence	3
or PSYC 206	Abnormal Psychology	
Electives - Recommended courses below: ²		6
HUMS 202	Techniques of Counseling	
HUMS 208	Family Counseling (Fall)	
Total Credits		60

1

It is recommended that a science course in human biology be taken for one of the science requirements: BSCI 117 Human Biology (lab science) or BSCI 107 Study of the Human Body (non-lab science).

2

See your advisor to match the elective credits to your specific transfer institution.

Transfer Note

For more information on careers and transfer, contact the Career and Academic Planning Services office at 301.846.2471 or visit Transfer Services (<https://www.frederick.edu/student-resources/counseling-advising/transfer-services.aspx>).

Guided Pathway to Success (GPS)

Suggested schedules map your path to degree completion.

Students should meet with an advisor each semester to carefully select and sequence courses based on their specific academic goals and interests. Visit Jefferson Hall or call 301.846.2471 for advising.

Recommended First Semester		Credits
ENGL 101	English Composition ¹	3
PSYC 101	General Psychology	3
HUMS 103	Introduction to Social Work and the Human Services (Milestone)	4
Mathematics Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#mathematics) - Recommended course(s) below: ¹		3
MATH 120	Statistics	
Humanities Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#humanities)		3
Credits		16
Recommended Second Semester		Credits
HUMS 204	Ethics and Practice Issues in the Human Services and Addiction Counseling (Spring) (Milestone)	3
COMM 102	Interpersonal Communication	3
SOCY 101	Introduction to Sociology	3
Physical Education, Health, or Nutrition Requirement		1,3
Biological & Physical Sciences Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#biological-physical) (Lab course) ²		4
Credits		14-16
Recommended Third Semester		Credits
Select one of the following courses:		3
PSYC 204	Psychology of Adolescence	
PSYC 206	Abnormal Psychology	
SOCY 102	Social Problems (Milestone)	3
ECON 200	Principles of Macroeconomics	3
Elective - Recommended course(s) below: ³		3
HUMS 202	Techniques of Counseling	
Communication Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#communication) - Recommended course(s) below:		3
COMM 103	Public Speaking	
COMM 105	Small Group Communication	
Credits		15
Recommended Fourth Semester		Credits
Arts Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#arts)		3
Select one of the following courses:		3
PSYC 201	Developmental Psychology	
EDPS 210	Human Growth and Development	
Biological & Physical Sciences Elective (Gen Ed course list) (https://frederick-public.courseleaf.com/general-education-core/#biological-physical) ²		3-4
ANTH 101	Introduction to Anthropology	3
Elective - Recommended course(s) below: ³		3

HUMS 208	Family Counseling (Fall)	
Credits		15-16
Total Credits		60-63

1

Take this course within the first 24 credits.

2

It is recommended that a science course in human biology be taken for one of the science requirements: BSCI 107 Study of the Human Body (non-lab science) or BSCI 117 Human Biology (lab science).

3

See your advisor to match the elective credits to your specific transfer institution.

Part-time Students

Part-time students should complete courses in the order listed on the pathway. Please contact program manager for questions about part-time status.

Students who take fewer than 15 credits each semester or who require developmental English or Math coursework will need additional semesters to complete their degrees. Summer term and January session classes may help students to make faster progress.

Pathway Legend

Milestone - courses with the Milestone notation should be taken within the recommend credit range to stay on track for program completion.

Fall, Spring, Summer - courses with a Fall, Spring, or Summer notation indicate the course is offered in the specified semester only.