

COACHING LETTER OF RECOGNITION (CAREER)

Program website (<https://www.frederick.edu/programs/healthcare/health-and-exercise-sciences.aspx>)

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Program Description

Gives students the necessary knowledge and skills to pursue a career in athletic coaching.

Digital Badge

Students earning this letter of recognition will automatically receive a digital badge. For more information on digital badging, please visit our Digital Badges page (<https://www.frederick.edu/degrees-certificates/credly.aspx>).

Program Requirements

Code	Title	Credits
Departmental Requirements		
EXSC 260	Psychology of Sport	3
PHED 175	Coaching Principles (Spring)	3
EXSC 180	Care and Prevention of Athletic Injuries	3
Total Credits		9

Guided Pathway to Success (GPS)

Suggested schedules map your path to degree completion.

Students should meet with an advisor each semester to carefully select and sequence courses based on their specific academic goals and interests. Visit Jefferson Hall or call 301.846.2471 for advising.

Recommended First Semester	Credits
Fall	
EXSC 260	Psychology of Sport
Credits	
3	
Recommended Second Semester	
Spring	
PHED 175	Coaching Principles (Spring)
EXSC 180	Care and Prevention of Athletic Injuries
Credits	
6	
Total Credits	
9	

Part-time Students

Part-time students should complete courses in the order listed on the pathway. Please contact program manager for questions about part-time status.

Students who take fewer than 15 credits each semester or who require developmental English or Math coursework will need additional semesters to complete their degrees. Summer term and January session classes may help students to make faster progress.

Pathway Legend

Milestone - courses with the Milestone notation should be taken within the recommend credit range to stay on track for program completion.

Fall, Spring, Summer - courses with a Fall, Spring, or Summer notation indicate the course is offered in the specified semester only.