

# HUMAN SERVICES (HUMS)

## **HUMS 103 - Introduction to Social Work and the Human Services (4)**

*Prerequisite: ENGL 70 or ENGL 75 or ESOL 72 or ESOL 100*  
(formerly HS 103)

Surveys the philosophies of the field of social work and all of the human services. Examines the historical and theoretical approaches to the understanding of social work and the agencies that deal with delivery of services to members of society. Includes the interrelationship of human services and examines the knowledge, values and skills of the helping process. Particular emphasis is placed on the concept of human diversity and the impact of oppression and discrimination. This course will highlight the human needs that social workers address across the life span with particular emphasis on the needs of older adults.

## **HUMS 104 - Mediation Theory and Practice (3)**

*Prerequisite: ENGL 70 or ENGL 75 or ESOL 72 or ESOL 100*  
(formerly HS 104)

Explores mediation as a conflict resolution method used in today's society. Students will learn the skill set necessary to use the mediation process in formal and informal situations.

## **HUMS 202 - Techniques of Counseling (3)**

*Prerequisite or Co-requisite: PSYC 101*

Focuses on the development of counseling skills, specific helping behaviors, and qualities of effective counselors needed for certification and beyond, as well as ethical and legal issues encountered in the helping professions. Students will study historical and philosophical foundations and the various professional organizations related to the counseling profession.

## **HUMS 203 - Theories of Counseling (3)**

*Prerequisite or Co-requisite: HUMS 202*  
(formerly HS 203)

Presents an overview of counseling theory, with focus on the development of specific helping behaviors.

*This course is only offered in the Spring.*

## **HUMS 204 - Ethics and Practice Issues in the Human Services and Addiction Counseling (3)**

*Prerequisite: HUMS 202*  
(formerly HS 204)

Integrates a study of ethical and practice issues in the human service field with the student's experience in the internship education practicum. Special attention will be given to the special ethical issues in the addictions field. For Addictions Counseling A.A.S. and Certificate students: this course must be completed prior to enrolling in INTR 103.

*This course is only offered in the Spring.*

## **HUMS 205 - Addictions Counseling Delivery (3)**

*Prerequisite or Co-requisite: PSYC 101*  
(formerly HS 205)

Presents major theoretical approaches to the field of addictions, and introduction to the twelve core functions of the alcohol and drug abuse counselor. This course will include skill development training for the beginning alcohol and drug counselor.

*This course is only offered in the Spring.*

## **HUMS 206 - Pharmacology of Psychoactive Drugs (3)**

*Prerequisite or Co-requisite: PSYC 101*

(formerly HS 206)

Presents the basic pharmacological and neurophysiological fundamentals of licit and illicit drug use. The primary focus of the course is the explanation of how drugs may alter body and brain function and how these alterations influence and mediate human behavior. Suggested for human service majors, especially those interested in addictions, current or potential health care professionals.

*This course is only offered in the Spring.*

## **HUMS 207 - Theory and Practice of Group Counseling (3)**

*Prerequisite: HUMS 202*

(formerly HS 207)

Presents the theory and practice of using groups as a counseling intervention in the human services. There will be a presentation of types of groups, general principles of groups, stages of evolution of groups, ethical and professional issues, and special emphasis on the use of groups in the drug and alcohol field.

*This course is only offered in the Fall.*

## **HUMS 208 - Family Counseling (3)**

*Prerequisite: HUMS 202*

Presents the theoretical approaches of family therapy with a focus on family systems theory and their application in mental health settings. Students will explore treatment models for working with families and addicted families. The course will offer a fundamental knowledge necessary to engage in practical application of the theories discussed.

*This course is only offered in the Fall.*